Sugar Valley Hidden Valley Lakes Newsletter www.sugarvalleyhiddenvalleylakes.com

Our lake is one of the most beautiful and peaceful places I have ever visited. The moment I arrived, I was struck by the stunning scenery of rolling hills and dense forests that surrounded the lake. The water itself is crystal clear and perfect for swimming, boating and fishing.

One of my favorite things about our lake is the sense of tranquility that permeates throughout the area. The sound of birds chirping, the rustling of leaves, and the gentle lapping of the water on the shore created a sense of peace that I rarely experience in my daily life.

Whether I was hiking through the woods or lounging on the shore, I felt completely immersed in nature and disconnected from the stress and worries of the outside world. I see deer and foxes almost daily, which added to the feeling of being in a truly wild and natural environment.

Overall, our lake is a true gem in the heart of Kansas. The price to own property is extremely reasonable. Almost anyone seeking a peaceful and rejuvenating escape can afford a piece of tranquility at our lake.

I tell people that I'm going to the lake for a couple of days, after last year coming to the lake for a week
4-01-2022 staying until mid 11-2022. They now know when I say I'm going for a week to not make plans around me.

This is your lake!!!!! Let's keep it Beautiful!

-Kord Campbell-

REMINDERS

Speed limit on all SVL/HVL roads is 20mph

Dogs need to have a leash on when not on own property.

No lifeguards on duty for swimming pool or beach.

Check in at clubhouse for wristband to swim at pool

BOARD MEETINGS

July 20 Hidden Valley 6:30 August 17 Sugar Valley 6:30 September 16 Hidden Valley 1 pm

BOAT SAFETY

Be sure to have an Orange flag visible when you have a skier, boater or swimmer in the water.

No wake made from Sunrise to 10am No wake after sunset

Please remember to be courteous to others on the lake and watch for others swimmers

Donations needed for the Cardboard boat races

From the SVL Rec Committee Water Aerobics thru August/September. Weather permitting! All donations from water aerobics are going to purchase chairs, sunshade and possible umbrella for pool area.

Rec Committee is looking for a few people to help organize a golf course poker run. Contact Tamimy Rogers

Rec Committee is planning a movie night for September TBA.

UPCOMING EVENTS JULY 1

Golf Cart/UTV Parade SVL 8pm 4th of July Celebration HVL 9pm

AUGUST 19

Taco Crunch Dinner SVL 6pm

SEPTEMBER 2

Hidden Valley Days HVL

September 3Cardboard Boat Race SVL 3pm

September 13

Fall Festival SVL TBA

OTHER EVENTS

JULY 9

SVL HVL FISHING TOURNAMENT 5:30-1

MOUND CITY LAKE

JULY 15

REDNECK GOLF TOURNAMENT

AUGUST 13

SVL HVL FISHING TOURNAMENT 6-1

HIDDEN VALLEY LAKE

AUGUST 14

SENIOR LEAGUE VS DEER TRACE GOLF

SEPTEMBER 10

COUPLES GOLF TOURNAMENT

SVL/HVL FISHING TOURNAMENT 6-1

CRITZER LAKE

SEPTEMBER 14

JAYHAWK LINN HS

GIRLS GOLF TOURNAMENT 1PM

SEPTEMBER 17

KNIGHTS OF COLUMBUS GOLF

SEPTEMBER 23

SVL HVL FISHING TOURNAMENT 6:30-1

MOUND CITY LAKE

SEPTEMBER 24

SVL HVL FISHING TOURNAMENT 6:30-1

HIDDEN VALLEY LAKE

MEET THE STAFF

Hey y'all , it's me Heather Fryer. I started working at SVL clubhouse about 3 months ago. Most know me either through mutual friends, my own business, working at Mr. Ranchitos or most recently buying property at SVL. I lived in town here in Mound City for 7 years before selling my home to purchase the property I have now at SVL. I have lived in many other states including Iowa, Missouri, Oklahoma, and my favorite state Texas! I am a huge Texas fan! I have a son who is 24. I will soon be a grandma (AKA "MiMi") to a little girl. I have graduated from College with a degree of Horse Science and Wildlife management. I attended and rowed for KU in 1995. I enjoy working in the food industry and love to cook food. I have waitressed and/or bartended for about 6 years. I love being around people and making them smile. I'm only sérious about 10% of the time. I recently stated dating a gentleman that is the male version of me (which is hard to find). He is something else. I really enjoy working with all my co-workers at SVL. They all have tréated me like family. I really enjoy everything and everyone at our clubhouse. I have met many people in our clubhouse bar and grill. I hope to meet many more. Hope to get to know ya'll soon. Have a great Summer!

Hey Y'all my name is Casey. I am the manager at the SVL bar and grill. For those of you who do not know me, I have worked in the food industry for about 20 years. I moved to Linn County when I was 16. I have 5 kids ranging from ages 8 to 21. My pride and joy is my granddaughter who will turn i November 2nd My goal for SVL bar and grill is to continue growing and bring in more food and drink options. Join our SVL Clubhouse Facebook page for specials and any changes in the future. We have already made many changes. renovating the dining room, banquet room with pool table, and will be opening up our new kitchen soon. Please 'feel Free to come up and introduce yourself and reach out to me anytimé with ideas or questions!





LIFE IS GOOD AT THE LAKE-JOHN REEK

First of all, who doesn't? Just looking at it. Fun water sports, its even beautiful in the winter!

-Brenda Hallstrom

Fishing, tubing and more, Plus I stop by Brad Ray's house when I'm fishing in hopes that he will bring be out breakfast -Randy Martin

It's our home away from home and our family here at the lakes -Beckie Zyla

> Wildlife, fresh air, scenery, people are happier around the water -Mark Denman

Fishing! When I'm out on the water in the boat fishing, that's my church, that's where i spend most of my time talking to God! Lots and lots of memories are made on the lake while fishing or boating! -Brandon Denman

The lake is our oasis away from the hussle and bussle of the city life. Being in this community has given my family the opportunity to garner new friendships that have proven to be greater than many that we have had for years! We have become fully immersive to the SVL and HVL community and look forward to making many additional memories with everyone in our small, but deeply impactful lake community. -Russell Gray

Live music and fireworks on the water like the 4th of July weekend. -Bryan McGowan

It's Peaceful, quiet, getting together with family and friends, BBQ's -Sue Enriquez



Managers Corner

Greetings Members,
Summer is here. The pool is in full sing, gold season is upon us, lots of permits for construction are being issued, maintenance is heavily focused on mowing/trimming, there are lots of boats on the water and swimmers on the beach. This is my favorite time of the year!

As I sit here writing this, I can't help but smile as I reflect over the first half of the year. There are so many great things happening in our community. From the improvements to the clubhouse and bath house, to the greens opening back up on the golf course, to the spring-cleaning event helping clean our community. There has been an increase in volunteer work being done by members. I am thankful to everyone working together to continue to make improvements to our community. I am also looking forward to the second half of the year. We are making our way over to Hidden Valley so be on the look out for more upcoming improvement "People working together in a strong community with a shared goal and common purpose can make the impossible possible" Tracy Mayhugh Association Manager

Sugar Valley -Snack Bar Menu

-Replaced Carpet with epoxy floors -new furniture (booths, tables and chairs)

-Freshly painted the inside -New soda machine with new flavors -Rearranged the Banquet room, -adding booths and pulling the pool table out so it can be used.

-The picnic tables and outside chairs have received a fresh coat of paint -Bath house was updated with epoxy coated floors and showers













SUGAR VALLEY GRILL MENU

BREAKFAST

8AM-11AM

Breakfast Burrito	\$ 6.00
Breakfast Sandwich	\$4.75
Biscuits & Gravy (Half/Whole)	\$ 3.25 \$4.00
Pancakes (each)	\$ 2.00
French Toast (2)	\$ 4.75
Omelet 3 egg & 1 megt, extra megt is \$1.50	\$7.00

BREAKFAST SIDES

DILLAIN AOI C	IDL
Hash Browns	\$ 1.75
Sausage Links (2)	\$ 2.15
Sausage Patty (1)	\$2.00
Bacon (2)	\$ 2.15
Eggs (each)	\$ 1.00
Toast w/Jelly	\$1.25
Biscuit w/Jelly	\$1.25

BEVERAGES

20oz Fountain Soda \$2.00		
32oz Fountain So	da \$2.50	
Refills	\$1.00	
Can of Soda	\$1.25	
Tea	\$2.50	
Orange Juice	\$2.50	
Bug Juice	\$1.50	
Gatorade	\$2.50	
Chocolate Milk	\$2.50	

LUNCH & DINNER

11A

Turkey Wrap

Hot Dog Polish Dog

Chicken Strips (2/3)

Pulled Pork Sandwich

Tenderloin Sandwich

Butterfly Shrimp

Popcorn Shrimp

Philly Sandwich

Loaded Tots

Chicken Strip Sandwich

Grilled Cheese

Hamburger / Double Hamburger Add cheese \$0.50 per slice

Grilled Cheese w/Ham or Turkey

Corn Dog

Chi Chi Che

AM - CLOSE	\$3.75, or a	or \$2.75, an exclusive side in exclusive plus side for \$4.7
icken Wrap (Grilled or Crispy	9) \$8.25	LUNCH &
icken Quesadilla	\$7.75	DINNER SIDES
eese Quesadilla	\$6.50	REGULAR \$2.50
rkey or Ham Club	10.75	French Fries

\$2.80

\$6.00

\$8.00

\$5.50

\$3.25

\$5.50

\$5.75

\$6.50

\$7.50

\$6.75

\$6.75

\$6.50

Tater Tots PREMIUM \$3.25 **Curly Fries**

add a regular side to any basket for \$2,

Sweet Potato Fries

EXCLUSIVE \$4.25 Cheese Curds Fried Pickles

EXCLUSIVE PLUS \$5.25 Hot Pepper Cheese Cubes Fried Mushrooms Gouda Bites

Mozzarella Sticks Onion Rings

DAILY SPECIALS

Monday BLT with fries or tots	\$7.50	
Tuesday Pork tenderloin with fries or tots	\$9.00	
Wednesday Cheeseburger with fries or tots	\$7.50	
Thursday Pulled pork sandwich with fries or tots	\$7.25	
nut Luc		

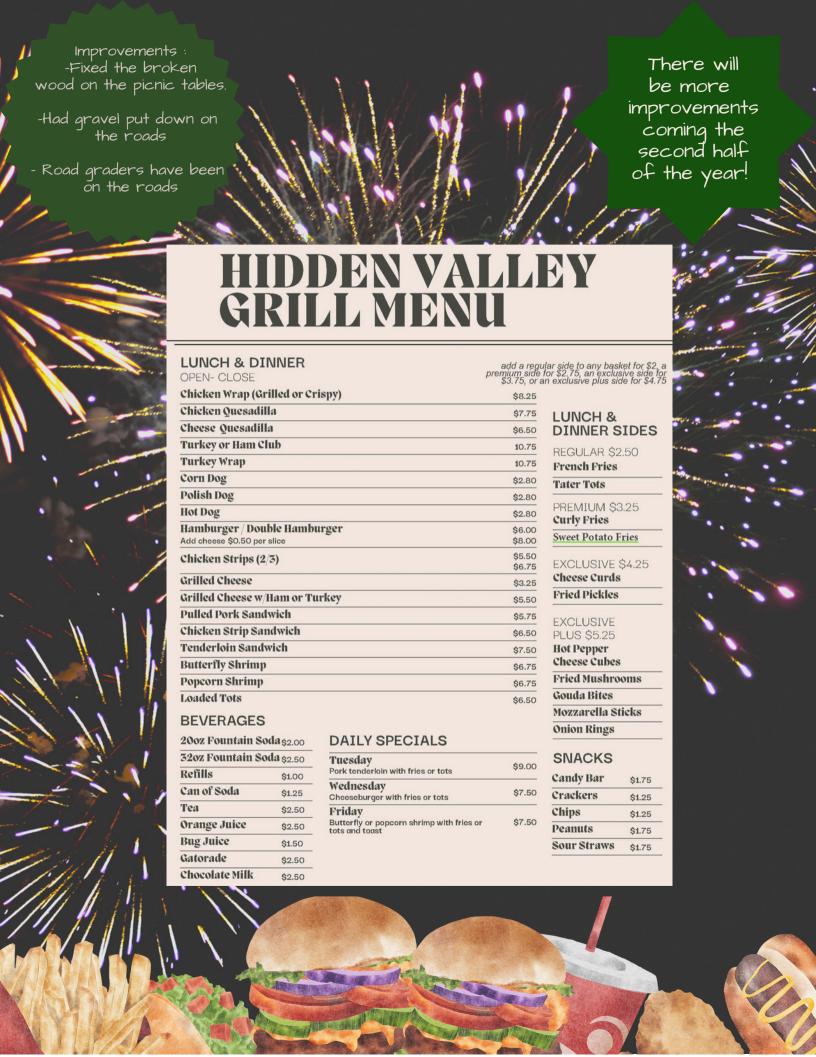
Butterfly or popcorn shrimp with fries or tots and toast

SNACKS

Candy Bar	\$1.75
Crackers	\$1.25
Chips	\$1.25
Peanuts	\$1.75
Sour Straws	\$1.75







America the Beautiful

Our Flag is painted in the colors of white, red, and blue, Our hearts are filled with a sense of deep Pride and Solitude. We Salute all our brave heroes who fought for our country, They built a new world for us with fairer boundaries Have a Great Fourth of July